

## PRAY FOR THE SICK

### Anniversaries:

Marie Casper, Bernard Halliday, Liam McGowan, Patrick Black, Martin Dempsey, Bridget Dewey, Sonia Malone, Margaret McCreesh, Mary Poynter, Bernard Woolerton, Sister Marie Mulhearn, Edward Unstead, Roy Ketteridge, Patrick McGuinness, Maximilian Ptasznik, Rosemarie Lawrence, Sister Camellus Shanahan, Padraig Gorman, Patricia Pearce, Patricia Bell, Sister Maurice Cleere, Yvonne Daly, Cuthbert McNult, Mary Woskett.

### Parish register update

We have been updating our parish register, as a result we might be contacting some parishioners through phone or email in the next few weeks to check if the family still worship in St Thomas of Canterbury. It may be that your registered sometime ago and your records need updating, if so, please do let us know if your address or contact details have changed, so we can still communicate with you.

### Prayer of spiritual communion

*(St Alphonsus Liguori)*

My Jesus,  
I believe that You are present in the Most Holy Sacrament.  
I love You above all things, and I desire to receive You into my soul.  
Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart.  
I embrace You as if You were already there and unite myself wholly to You.  
Never permit me to be separated from You. Amen



### Redbridge Mutual Aid

If you need help during this lockdown period please contact the Redbridge Mutual Aid for Food/household supplies on 02031373984 (open 7 days/week, 8.00am to 8.00pm) Email address: [redbridgecovid19mutualaid@gmail.com](mailto:redbridgecovid19mutualaid@gmail.com)  
Website: [Home | Redbridge Mutual Aid](#)

### TELCO

Nearly 15,000 rough sleepers have been housed in temporary accommodation since the beginning of the Coronavirus crisis. Both Cardinal Vincent Nichols and Justin Welsby, Archbishop of Canterbury highlight the role that churches and faith groups working with Government, Councils and Charities to help house rough sleepers after the pandemic. If you would like to know more about the Telco campaign do contact Bernadette on [bernadette.harris2013@gmail.com](mailto:bernadette.harris2013@gmail.com)



ST THOMAS OF CANTERBURY

Woodford Green

A FAIRTRADE PARISH

Parish Office: 020 8504 1686

Friary: 020 8504 1688

Email: [parishoffice@stthomaswoodford.org](mailto:parishoffice@stthomaswoodford.org)



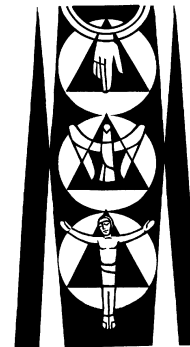
Website: [www.stthomaswoodford.org](http://www.stthomaswoodford.org)

Facebook: [@STOCWoodford](https://www.facebook.com/STOCWoodford)

Twitter: [@STOCWoodford](https://twitter.com/STOCWoodford)



## The Most Holy Trinity Cycle A Sunday 7th June 2020



The Trinity is the basic reality of the Christian faith, revealed by God in person, Jesus Christ, through his life, death and resurrection.

### First Reading

Exodus 34:4-6. 8-9

God reveals the divine life to Moses as one of mercy and compassion.

### Second Reading

2 Corinthians 13:11-13

Paul ends his second letter to the Corinthians with a beautiful Trinitarian blessing.

### Gospel

John 3:16-18

Jesus reveals the Trinity to us through his life, death and resurrection.

We missed our usual meeting with you last Sunday. A pity for the church was dressed in royal crimson and Fr Michael's tasteful décor for the Holy Spirit. Still we know Jesus said the Spirit blows where he will. It was a good reminder of how much we depend on our resourceful streaming engineers, neither of whom was available last Sunday. Several would-be viewers mailed or texted, anxious to know if the blank screen was a sign of distress on our part. We are much touched by your concern. But no. We are blessed with a more regular routine of daily prayer. We cannot serve you as we would wish, but spend more time in praying for you and that is what counts.

When will we be able to come to church? The lockdown rules are slightly eased, but no mention of our church opening. Still we do now have the opportunity to meet outside of confined spaces.



I look out of my window on two lonely chairs, placed strategically 2 and a half meters apart on the scene of our parish social events. If you want to meet any of us the opportunity is there. Please use it. Should any parishioner wish to meet please

contact the parish office who will assist with the arrangements.

Emphatically we want to use every opportunity to meet you. I have reminded you much in recent week that God speaks to us through human contacts. Jesus touched when he healed, shared meals, was in the thick of the crowds. Email text and phone are useful. God prefers to come through human encounter. We must get back to personal encounters and the regular sacraments.

### Ordinary time

We have come through the rich daily liturgies of Lent, Easter and Pentecost. We said goodbye to them with some nostalgia last Sunday. In the extraordinary of lockdown we go back to the steady ordinary daily routine of listening to Jesus' words, actions and teaching. But still with some highlights. Next Sunday in the Feast of the Body & Blood of Christ. We will pray hard to find a way to give you children your first Communion. ASAP!

### Streaming

has been a boon in lockdown. We have had the benefit only because our engineers have been ingenious in using totally inadequate equipment. The Parish Council is looking at investing in better proper equipment for wider use of streaming. But we need operators. It is becoming a new ministry, part of the preaching, reading, proclaiming of God's word. Will anyone help? The parish is full of savvy IT users. We need to build a team to use the new means of providing God with a mouthpiece.

### Fr Austin—Article

This week we have some reflections by Fr Austin who has been asked to share experiences of what life means. This is a really excellent article. Please follow this link to read it on our website <https://It Seems To Me>

### Mass Intentions

**Sunday 7th June**  
*People of the parish*  
*Shirley Fay Byrne RIP*

**Monday 8th June**  
*Bill Roberts RIP*

**Tuesday 9th June**  
*Frank Fitzpatrick RIP*

**Wednesday 10th June**  
*Doris Anderson anniv*

**Thursday 11th June**  
*Trinity intentions*  
*Thompson Hicks RIP*

**Friday 12th June**  
*May Reilly RIP*

**Saturday 13th June**  
*Sr Andree Gaspard RIP*  
*Patricia Bell RIP*

**Sunday 14th June - Body & Blood of Christ**  
*People of the Parish*  
*John Gregory Smith-Pryor anniv*

### Mass intentions/mass cards

If you would like a mass said please put the details in an envelope and bring it to the parish office. We can also send mass cards for you, however, you will need to provide details of the recipient and their address. Cards cost £1.00.



**Join us for  
Mass on-line  
live this Sunday  
at 10am**

*“The grace of the Lord Jesus Christ,  
the love of God, and the communion of  
the Holy Spirit be with all of you.”*

### Please save unwanted school uniform

As your children continue to grow bigger whilst in lockdown and you have the time to sort through any unwanted or outgrown items of school uniform could I make a plea for you to please hold on to it until further notice. I'm looking for all items of school uniform - shirts, jumpers, skirts, trousers, blazers, ties etc. Also there's a good chance that you have good quality shoes that have now been outgrown but are in good condition due to lack of use, the same goes for PE shoes and trainers. PLEASE DON'T THROW AWAY!!! I would politely request that you bag up any items for donation and that they be cleaned and washed. I will be in touch at a later date with drop off details but please know it will be put to good use. Thanks in advance. Nicky Crowther.

### Tutor

Struggling to help your children with Maths/ English/ Science and much more? Maths Undergraduate student at The University of Edinburgh available for tutoring. Online tuition now during lockdown! If interested please get in touch... Fionnuala Marshall Email: [fionnuala.marshall@icloud.com](mailto:fionnuala.marshall@icloud.com) Mobile: 07415338515