

PRAY FOR THE SICK

Lately dead:

- ◇ Michael Cusack,
- ◇ Terry Barrett

May they rest in peace

Anniversaries:

Edward Wright, Donald Dourado, Moira Bisset, Monica Bright, Fred Khan, Mario Zeppa, Thomas Grey, Mary Dionysius, Birdie Godfrey, Joseph Osborne, Helena Proseinski, Edith Demetrius, John Easby, Stephen Richard Garrett, Alice Smith, Teresa Glock, Michael O'Donovan, Lelia Ryan,

Diocesan Pilgrimage 2024

Join Bishop Alan on the Diocesan Pilgrimage to Lourdes (Friday 19 – Friday 26 July). To book, please go online: [Brentwood Lourdes - Lourdes - Tangney Tours \(tangney-tours.com\)](http://Brentwood Lourdes - Lourdes - Tangney Tours (tangney-tours.com)) If you wish to discuss any aspect of the pilgrimage, please e-mail Kathryn Young: kathrynyoung@mail.com

Mass Timetable

The masses on Saturday evening and Sunday at St Thomas' are live streamed

SUNDAY MASSES

1st Mass: 6pm Saturday;
8.30am; 10am & 11.30am Sunday
(The 11.30am Mass is recorded)



Join us for tea/coffee after Sunday Mass in the Becket Centre

10am Chigwell Convent

WEEKDAY MASSES

10am St Thomas'
9.30am Chigwell Convent except on Saturday's when mass takes place at 10am

CONFESSIONS

Saturdays 10.30 to 11am
and
5.15 to 5.45 pm

BAPTISMS

1st and 3rd Sundays
of the month

Retiring Collection

There will be a retiring collection this weekend for the
Lourdes Pilgrimage Fund



ST THOMAS OF CANTERBURY
Woodford Green

A FAIRTRADE PARISH

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Friary: 020 8504 1688

Email: parishoffice@stthomaswoodford.org



Website: www.stthomaswoodford.org

Facebook: [@STOCWoodford](https://www.facebook.com/@STOCWoodford)

Twitter: [@STOCWoodford](https://twitter.com/@STOCWoodford)



6th Sunday in Ordinary Time (B) 11th February 2024

Please note the nearest Fire Exit to you whilst you are in the Church

We cannot work miracles, but the miracles of Jesus are there to teach us something about what we can do. The meaning of the miracle is in what Jesus says, when asked by the leper to heal him. Jesus says, "I want to."

First Reading Leviticus 13:1-2. 44-46

There are always people who are excluded, but Christ is the great uniter.

Second Reading 1 Corinthians 10:31 – 11:1

There is no action too trivial to offer to the glory of God.

Gospel Mark 1:40-45

The harshness of the law excluding lepers prepares the way for the mercy of Christ.

Responsorial Psalm

You are my refuge, O Lord; you fill me with the joy of salvation.



Let's Work Smart Not Hard During Lent

I think for many of us think 'Oh not more things to do; I've got enough already'

Pope Francis has the image of a 'pause' which may give us a different perspective on the season.

'It is time to act, and in Lent, *to act also means to pause*. To pause in prayer, in order to receive the word of God, to pause like the Samaritan *in the presence of a wounded brother or sister*. Love of God and love of neighbour are one love. Not to have other gods is to pause in the presence of God beside the flesh of our neighbour. For this reason, prayer, almsgiving and fasting are not three unrelated acts, but a single movement of openness and self-emptying, in which we cast out the idols that weigh us down, the attachments that imprison us. Then the atrophied and isolated heart will revive. Slow down, then, and pause! The contemplative dimension of life that Lent helps us to rediscover will release new energies. In the presence of God, we become brothers and sisters, more sensitive to one another: in place of threats and enemies, we discover companions and fellow travellers. This is God's dream, the promised land to which we journey once we have left our slavery behind.'



Lent

Ash Wednesday

14th February
Mass at 10am & 7.30pm

Ecumenical Lenten Lunches

Please come and join us in the Becket Centre for delicious home-made soup, French bread and butter, followed by tea or coffee, all for £5.

Lunches begin on February 16th, and will be available every Friday during Lent from 12.30pm till 2pm. All the soups are donated, and the money raised will be sent to Mary's Meals, a charity which feeds schoolchildren in some of the poorest countries in the world.

Stations of the cross St Thomas'

every Friday during lent at 7.30pm

Family Fast Day

23rd February,
Cafod envelopes will be available

Parish Retreat

in the Becket Centre 24th February
3—5pm

Lent Day by Day Guide

An Adult and Childs booklet of thoughts for each day of Lent is on sale: £1 each

Walk with me

Children's calendar for Lent
Is available at the back of church

More information is available in
our Lenten leaflet or on the
website



Mass Intentions

Sunday 11th February

8.30 Fr Isidore recovery
10 Dr Kumar & family
10.30 Bernard Duffy anniversary

Monday 12th February

Moirá Bissett anniversary
Paddy Higgins RIP
Auxilia & Raphael Musonza

11 Funeral Michael Cusack

Tuesday 13th February

Ezinne Lolo Mrs Geraldine
Urichukwudere Ebirim anniversary
Carla & Mike Divver Ruby wedding

Wednesday 14th February

Mary Waure
Sherva Cooray RIP

Thursday 15th February

Natalie Cosgrove recovery
Trinity intentions
Chigwell Richard D'Souza
anniversary

Friday 16th February

Roberto Giammattei RIP
Leo Pires

Saturday 17th February

10 Mr & Mrs Keating intentions
6 Steve Gorman RIP

Sunday 18th February

8.30 Bro Raymond RIP
10 Thomas Gray anniversary
11.30 Mrs Emily Dempsey 100 years old

Church Cleaning Saturday 17th February at 10.30am

Rachel Woolf & Kathleen Mahoney

Companions of the Sacred Hearts of Jesus and Mary

The next meeting will take place at
2.00pm on Monday 12th February at
Chigwell Convent.

Help for the Homeless

During the coldest winter months 7 churches across East London house the homeless with each providing 1 night per week. Every Wednesday night St Francis of Assis in Stratford participate by providing dinner, bed and breakfast. It would be great if our parish and school can help and pull together some donations. They have asked specially for toiletries and snack bars. Ideas of toiletries: 200ml bottles of shampoo, conditioner, body wash, razors, shaving foam/gel, tooth brushes and tooth paste, moisturizer and deodorant.

If you would like to donate please leave your donations with the Parish office by **Tuesday 12th February**. Thank you.

Make memories. Fostering

Many children in Redbridge, however, have never experienced these fun and free activities. If you would like to create happy memories for our most vulnerable children and are considering fostering, please email fostering@redbridge.gov.uk or call us on 020 8708 6068 or visit our website <https://www.redbridge.gov.uk/fosteringfaith> to book onto one of our virtual information sessions.