

The Reflection for 3rd Sunday of Easter. (Luke: 24: 13-35)

“They recognised Him at the breaking of bread”(v.35)

In this Gospel , we read about how 2 disciples met Jesus , unrecognised , on the way from Jerusalem to Emmaus. They are un-named but obviously have been close to Jesus as they share their sorrow with this stranger about his loss. They are sad, but this person begins to lift their sadness as He shares the scriptural background of the life and ministry of Jesus. He has a vast memory of details which relate to the heritage of the Messiah , and of how this Jesus has fulfilled all the prophecies concerning Him.

It was only when they shared the supper together and He broke the bread that they realised Who He was. They complain to themselves as to why they failed to recognise him.....what had prevented them?

It is the same with us. Visually we do not see the Christ, nor hear Him, neither can we touch him.

But the only way we can experience the presence of Jesus is with the eyes of Faith, particularly at the Eucharist. Through, and by this gift , we can enjoy his grace and comfort in whatever circumstances we may be in .Similarly too, we realise his presence in the written and spoken word of the Scriptures. We have only to believe and trust his words:

“ I am with you always, even to the end of Time”. (Mt. 28 :20).