

ICHTHUS

SUNDAY 3 JULY 2022

14TH SUNDAY
IN ORDINARY TIME

Year C



Sit quietly for a moment and enjoy the peace.



ENTRANCE ANTIPHON

Your merciful love, O God,
we have received in the midst of your temple.
Your praise, O God, like your name,
reaches the ends of the earth;
your right hand is filled with saving justice.



We say these words or sing a hymn as the priest approaches the altar.

COLLECT

O God, who in the abasement of your Son
have raised up a fallen world,
fill your faithful with holy joy,
for on those you have rescued from slavery to sin
you bestow eternal gladness...



We ask for God's help. Listen now to the priest as he offers this prayer.



FIRST READING ISAIAH 66:10-14

We can see just how much a little baby is loved when we see her being cuddled as she is fed, playing on her mum's knee. Isaiah says that God loves us even more that the mother loves her baby! The city of Jerusalem has been destroyed, but because God loves everyone so much he is going to rebuild it. To replace the destruction God will send peace, flowing like a river. God comforts us, in the same way a mother comforts her son.



LOOK at the reader and LISTEN. God is going to look after the people and rebuild the city of Jerusalem.

RESPONSORIAL PSALM PSALM 65

Cry out with joy to God all the earth.



The cantor or psalmist sings or says the psalm. Listen to the verses, and then respond by using these words.



SECOND READING GALATIANS 6:14-18

The first Christians were unsure – did people need to become Jewish first if they wanted to be a Christian, or not? Paul was absolutely certain that it wasn't necessary to become Jewish to follow Jesus, even though Jesus himself was Jewish. Paul knows what he is talking about. He has suffered for Jesus and so we can trust his wisdom. The only thing that matters is having a new start with Jesus and living as he asks. There is nothing else to be said.



LOOK at the reader and LISTEN. Becoming a new person in Jesus is all that really matters.

GOSPEL ACCLAMATION

Alleluia, alleluia!
I call you friends, says the Lord,
because I have made known to you
everything I have learnt from my Father.
Alleluia!



We give a shout of praise to God, using these words taken from the Bible.



DO YOU KNOW?

Jesus sends his friends out in pairs to spread his message. Two people can travel more safely than one in dangerous countryside. Missionaries today often travel in unsafe places to spread Jesus' good news.



THINK

Jesus' seventy-two followers gave a blessing of peace to the people they visited. Peace comes from God and it is part of our mission as followers of Jesus to share God's peace. Can we spread peace today by speaking kindly to our family and friends? How will our actions bring peace to the world?



The Good News about Jesus is told to us by St Luke.

Jesus appoints seventy-two of his followers to go ahead, visiting towns and villages before Jesus himself, preparing his way. These apostles will trust God to provide for them. They are to carry no purse, haversack or sandals. They are to accept food and drink from anyone who offers them a welcome,

giving a blessing of peace. In return, the apostles will heal people who are sick and let them know that God's kingdom is very near. The seventy-two come back full of joy and happiness – they can hardly believe the wonderful things that have happened because of people's faith in Jesus!

STAND to LISTEN to the priest or deacon as he prepares to read the Gospel.

Before he reads the Gospel, what does the priest or deacon do to his forehead, his lips and his heart? Can you copy him?



PRAY

"Peace to this house!"

Be still. Relax your head, arms and legs. Breathe gently and remember Jesus is with you. Enjoy God's peace.



PRAYER OF THE FAITHFUL

Dear Lord, I would like to pray for missionaries who are working to spread the Good News today. Help us all to share Jesus' message of love wherever we travel. Lord, hear my prayer.

Listen to the reader as he or she encourages us to pray for situations and people in need. This is a prayer you could say privately.



OFFERTORY PROCESSION

As we take our gifts of bread, wine and money to the altar, think about a time when you argued or fell out with someone this week and then think about when you made friends again or a time you enjoyed getting on well with your family. Say a little prayer offering these thoughts up to God.

Watch as the gifts are made ready and the priest washes his hands and prepares for the Eucharistic Prayer.



THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us.

What can you give special thanks for today?

We listen to the prayer of praise and thanks to God.



THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

COMMUNION ANTIPHON

Taste and see that the Lord is good; blessed the man who seeks refuge in him.

You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.



MY PRAYER AFTER COMMUNION

Thank you, Jesus, for suffering and dying for me. Help me to remember that you are with me in my pain, and that you bring hope and happiness too. Amen.



IXΘΥΣ

is the Greek word for "fish" and was used in the catacombs as a sign for early Christians. It is made up from the first letter of five Greek titles for the Lord:

- I (Jesus)
- X (Christos)
- Θ (Theou/God's)
- Υ (Uios/Son)
- Σ (Soter/Saviour)



We take Jesus with us to carry on the work that he did on earth, until we meet again next Sunday.

Go in peace.



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ICHTHUS

SUNDAY 10 JULY 2022

15TH SUNDAY
IN ORDINARY TIME

Year C



Have a look round at all the very different people in God's family!



ENTRANCE ANTIPHON

As for me, in justice I shall behold your face;
I shall be filled with the vision of your glory.

We say these words or sing a hymn as the priest approaches the altar.

COLLECT

O God, who show the light of your truth to those who go astray, so that they may return to the right path, give all who for the faith they profess are accounted Christians the grace to reject whatever is contrary to the name of Christ and to strive after all that does it honour...

We ask for God's help. Listen now to the priest as he offers this prayer.



FIRST READING DEUTERONOMY 30:10-14

It's not hard to be close to God. We might feel that we are not good enough or strong enough to have a good relationship with God, but Moses says that's not true. Living as God asks us to is not a mystery

that is hard to understand. God has given us all a clear way to follow. God's Law is deep in all our hearts. We can confirm what we already know what is right by listening to God's word in scripture.

LOOK at the reader and LISTEN. The Word is deep in our hearts, helping us to be close to God.

RESPONSORIAL PSALM PSALM 18

Seek the Lord, you who are poor, and your hearts will revive.

The cantor or psalmist sings or says the psalm. Listen to the verses, and then respond by using these words.



SECOND READING COLOSSIANS 1:15-20

No one can see God the Father, but Jesus Christ shows us completely what God is like. God the Son was with God the Father when the universe was created. Everything visible and invisible was made, and is held

together now, by God. The Church is the body of Christ, with all of us carrying on Jesus' work. Jesus is the head of the Church first in every way. Through Jesus we can all find peace with God and with each other.

LOOK at the reader and LISTEN. Everything has been created through and because of Christ.

GOSPEL ACCLAMATION

Alleluia, alleluia!
The sheep that belong to me listen to my voice, says the Lord, I know them and they follow me.
Alleluia!

We give a shout of praise to God, using these words taken from the Bible.



DO YOU KNOW?

11 July is the feast of St Benedict. He was a monk who set out guidance for how the men who joined his monastery needed to live if they wanted to become closer to God. St Benedict's Rule, which is still followed today, begins with the command to "listen".



THINK

Samaritans and Jewish people **distrusted** each other. Jesus' audience would have been **really shocked** to hear that a Samaritan stopped to help the wounded Jewish man. Although we may not know anyone from Samaria, we sometimes dislike groups of people who are "different". Jesus wants us to **treat everyone with love and kindness**, even if they belong to a different group to us.



GOSPEL LUKE 10:25-37

The Good News about Jesus is told to us by St Luke.

Wanting to challenge Jesus, a lawyer asks how he can have eternal life. Jesus reminds him that God has already given the answer in the Law: love God and love your neighbour. The lawyer continues his questioning, asking Jesus who is his neighbour. Jesus tells a story about a man who

was attacked, robbed and beaten up. Two people who really should help just ignore him, but a foreigner bandages up the injured man and looks after him. Unlikely as it is, the neighbour is actually the foreigner, the man who helps. Jesus asks his follower to "Go, and do the same."

STAND to LISTEN

to the priest or deacon as he prepares to read the Gospel.

Before he reads the Gospel, what does the priest or deacon do to his forehead, his lips and his heart? Can you copy him?



PRAY

"Go, and do the same yourself."

Lord Jesus, I ask you for the courage to put your command into practice. Help me to see when my neighbour needs help. Help me to see beyond my prejudice. Amen.



PRAYER OF THE FAITHFUL

Dear Lord, I would like to pray for anyone who is suffering because of prejudice. Help us to be like the Samaritan in the Gospel and to help anyone in need. Lord, hear my prayer.

Listen to the reader as he or she encourages us to pray for situations and people in need. Here is a prayer you could say privately.



OFFERTORY PROCESSION

As we take our gifts of bread, wine and money to the altar, think about a time when you were sad and then think of another happier time this week.

Say a little prayer offering these thoughts up to God.

Watch as the gifts are made ready and the priest washes his hands and prepares for the Eucharistic Prayer.



THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us.

What can you give special thanks for today?

We listen to the prayer of praise and thanks to God.



THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

COMMUNION ANTIPHON

The sparrow finds a home, and the swallow a nest for her young: by your altars, O Lord of hosts, my King and my God. Blessed are they who dwell in your house, for ever singing your praise.

You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.



MY PRAYER AFTER COMMUNION

Thank you, Jesus, for bringing peace to the world. Help me to spread the peace that your love gives me with everyone I meet. Amen.



DO

Do a good deed for your actual neighbour. Bake a cake or ask if they need a job doing.



IXΘΥΣ

is the Greek word for "fish" and was used in the catacombs as a sign for early Christians. It is made up from the first letter of five Greek titles for the Lord:

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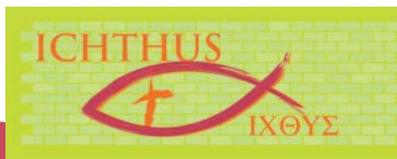
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We take Jesus with us to carry on the work that he did on earth, until we meet again next Sunday.

Go in peace.



ICHTHUS

SUNDAY 17 JULY 2022

16TH SUNDAY
IN ORDINARY TIME

Year C



Say "hello" to Jesus and welcome him into your heart today!



ENTRANCE ANTIPHON

See, I have God for my help.
The Lord sustains my soul.
I will sacrifice to you with willing heart,
and praise your name, O Lord, for it is good.

COLLECT

Show favour, O Lord, to your servants
and mercifully increase the gifts of your grace,
that, made fervent in hope, faith and charity,
they may be ever watchful in keeping your commands...



FIRST READING GENESIS 18:1-10

While enjoying the shade in the heat of the day, Abraham sees three men. He runs to welcome them, offering water to drink and wash their feet and bread to eat. What a welcome invitation for the desert travellers! Sarah gets busy

baking bread and a servant prepares the meat while Abraham brings cream and milk. Then they sit and eat together under the Oak of Mamre. The strangers promise that Sarah will have a baby before they visit again next year.

We say these words or sing a hymn as the priest approaches the altar.

We ask for God's help. Listen now to the priest as he offers this prayer.

LOOK at the reader and LISTEN. Abraham welcomes God when he welcomes three strangers into his tent.

The cantor or psalmist sings or says the psalm. Listen to the verses, and then respond by using these words.

LOOK at the reader and LISTEN. All Paul's suffering is worthwhile because he is sharing God's message.

We give a shout of praise to God, using these words taken from the Bible.



DO YOU KNOW?

Sitting at the feet of the teacher to learn was usually something men did. In Jesus' time, girls and women didn't have the same opportunities to learn. Yet look at who is sitting at Jesus' feet, listening and learning! Jesus was happy to challenge tradition and stood up for Mary's right to learn.



THINK

Welcoming strangers was very important for Abraham. He knows that surviving in the desert is hard work and these travellers will need refreshment. When he sees the strangers coming near Abraham doesn't think twice, but rushes to greet them. How keen are we to offer people a welcome?

RESPONSORIAL PSALM PSALM 14

The just will live in the presence of the Lord.



SECOND READING COLOSSIANS 1:24-28

It's not been easy for Paul. He has been beaten and suffered illness, but all of it is worthwhile. Paul is continuing Jesus' work and sharing God's message of love with as many people as possible. Jesus had to

suffer, and Paul is following Jesus. Neither of them suffered in vain though. Jesus rose to new life and so will Paul. Following Jesus might not always be easy but, just like Paul, we can share God's life and love too!

GOSPEL ACCLAMATION

Alleluia, alleluia!
Open our heart, O Lord,
to accept the words of your Son.
Alleluia!





The Good News about Jesus is told to us by St Luke.

Going round to our friends for tea is a great way to spend our time! Jesus enjoyed being with his friends too and has gone round to Martha's. Her sister Mary sits down listening intently to all Jesus has to say. Meanwhile, Martha is working very hard preparing the food and is

getting frustrated. She asks Jesus to tell Mary to come and help her but instead Jesus has a message for Martha herself. Few things are worth worrying about. Nothing, not even getting the tea ready, is as important as taking the time to be still and listening to Jesus.

STAND to LISTEN to the priest or deacon as he prepares to read the Gospel. Before he reads the Gospel, what does the priest or deacon do to his forehead, his lips and his heart? Can you copy him?



PRAY

Sit quietly with God. Relax your face, your shoulders, your front and back; now relax your arms, legs and feet. Breathe in feelings of calm. Breathe out and let go of anything that is worrying you.



PRAYER OF THE FAITHFUL

Dear Lord, I would like to pray for all the people who work in hotels, cafés and restaurants. Help them not to be worried, working too hard, but to enjoy welcoming their guests. Lord, hear my prayer.

Listen to the reader as he or she encourages us to pray for situations and people in need. Here is a prayer you could say privately.



OFFERTORY PROCESSION

As we take our gifts of bread, wine and money to the altar, think about a time this week when you were quiet and then think of another louder and noisier time. Say a little prayer offering these thoughts up to God.

Watch as the gifts are made ready and the priest washes his hands and prepares for the Eucharistic Prayer.



THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us. What can you give special thanks for today?

We listen to the prayer of praise and thanks to God.



THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

COMMUNION ANTIPHON

The Lord, the gracious, the merciful, has made a memorial of his wonders; he gives food to those who fear him.

You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.



MY PRAYER AFTER COMMUNION

Thank you, Jesus, for loving me so much. Help me to welcome you with an open and loving heart. Amen.



IXΘΥΣ

is the Greek word for "fish" and was used in the catacombs as a sign for early Christians. It is made up from the first letter of five Greek titles for the Lord:

- I (Jesus)
X (Christos)
Θ (Theou/God's)
Υ (Uios/Son)
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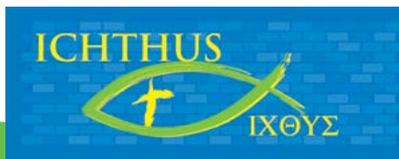


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We take Jesus with us to carry on the work that he did on earth, until we meet again next Sunday.

Go in peace.



ICHTHUS

SUNDAY 24 JULY 2022

17TH SUNDAY
IN ORDINARY TIME

Year C



Is there anything you'd like to talk about to God, our loving Father?



ENTRANCE ANTIPHON

God is in his holy place,
God who unites those who dwell in his house;
he himself gives might and strength to his people.

COLLECT

O God, protector of those who hope in you,
without whom nothing has firm foundation, nothing is holy,
bestow in abundance your mercy upon us
and grant that, with you as our ruler and guide,
we may use the good things that pass
in such a way as to hold fast even now
to those that ever endure...



FIRST READING GENESIS 18:20-32

Abraham can't imagine how God can punish all the people of Sodom and Gomorrah. Even though they have been warned, it would not be fair to punish good, innocent people along with everyone else. Abraham trusts in God's goodness

and is not afraid to argue with God. If he finds fifty good men, will God still punish everyone? What about if there are thirty? Maybe there are just ten good people? Abraham did not give up – and God listened and answered his prayer.

We say these words or sing a hymn as the priest approaches the altar.

We ask for God's help. Listen now to the priest as he offers this prayer.

LOOK at the reader and LISTEN.

Abraham trust that our good God is fair and just.

The cantor or psalmist sings or says the psalm. Listen to the verses, and then respond by using these words.

LOOK at the reader and LISTEN.

The water of baptism symbolises our rising to new life with Jesus.



We give a shout of praise to God, using these words taken from the Bible.

RESPONSORIAL PSALM PSALM 137

On the day I called,
you answered me, O Lord.



SECOND READING COLOSSIANS 2:12-14

Water is essential for life. Water is also dangerous and can take life. In baptism water is a powerful symbol. The early Christians would have gone right down under the water when they were baptised. Their old lives

died, and they rose out of the water to new life with Jesus. Through our baptism we have also been forgiven and share this new life. We know that Jesus loves us and so we can enjoy living every day with our friend.

GOSPEL ACCLAMATION

Alleluia, alleluia!
The Word was made flesh and lived among us;
to all who did accept him
he gave power to become children of God.
Alleluia!



DO YOU KNOW?

Jewish synagogues need to have **ten people** present for a **community service**. These ten people are called a **minyan**. In an **Orthodox** synagogue a minyan will be made up of **ten men**, whereas in a **Reform** synagogue **women** can be part of the minyan.



THINK

Many **Jewish** people do not use **God's name**. God's name is so special and holy that they don't even write it down. They refer to **G-d** or **Hashem**, "the Name". Imagine how Jesus' friends must have felt when he told them to call God "**Father**". What kind of relationship can we have with God if Jesus is telling us that God is our dad?



The Good News about Jesus is told to us by St Luke.

When his friends ask Jesus to teach them to pray, Jesus gives them the Our Father and explains that God is like a really good dad. Jesus tells a couple of stories to show what he means. If we are ready for bed and someone comes knocking on the door asking for help, we'll give it - just to stop the disturbance if nothing else! If a child asks for bread, a human father won't give him or her a stone - and our heavenly Father is much better than any human. If we keep on asking, our loving Father God will answer us.

STAND to LISTEN to the priest or deacon as he prepares to read the Gospel.

Before he reads the Gospel, what does he do to his forehead, his lips and his heart? Can you copy him?



PRAY

Say the words Jesus gave us slowly and thoughtfully:

“Father, may your name be held holy, your kingdom come; Give us each day our daily bread, and forgive us our sins, for we ourselves forgive each one who is in debt to us.”



PRAYER OF THE FAITHFUL

Dear Lord, I would like to pray for anyone who does not have a loving dad to listen to them and help them out. Let us all know how much we are loved. Lord, hear my prayer.

Listen to the reader as he or she encourages us to pray for situations and people in need. Here is a prayer you could say privately.



OFFERTORY PROCESSION

As we take our gifts of bread, wine and money to the altar, think about a time this week when you gave up and then think about another time when you were resilient and persisted until a job was done.

Watch as the gifts are made ready and the priest washes his hands and prepares for the Eucharistic Prayer.

Say a little prayer offering these thoughts up to God.



THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us.

We listen to the prayer of praise and thanks to God.

What can you give special thanks for today?



THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

COMMUNION ANTIPHON

Bless the Lord, O my soul, and never forget all his benefits.

You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.



MY PRAYER AFTER COMMUNION

Thank you, Jesus, for showing me how to trust God our Father. Thank you for making it possible for me to talk to our heavenly Father and know I am loved. Amen.



IXΘΥΣ

is the Greek word for "fish" and was used in the catacombs as a sign for early Christians. It is made up from the first letter of five Greek titles for the Lord:

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- X (Christos)
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Go in peace.



ICHTHUS

SUNDAY 31 JULY 2022

18TH SUNDAY
IN ORDINARY TIME

Year C



Thank God for all the people who love you.



ENTRANCE ANTIPHON

O God, come to my assistance;
O Lord, make haste to help me!
You are my rescuer, my help;
O Lord, do not delay.

We say these words or sing a hymn as the priest approaches the altar.

COLLECT

Draw near to your servants, O Lord,
and answer their prayers with unceasing kindness,
that, for those who glory in you as their Creator and guide,
you may restore what you have created
and keep safe what you have restored...

We ask for God's help. Listen now to the priest as he offers this prayer.



FIRST READING ECCLESIASTES 1:2; 2:21-23

So much of what we care about in this life is really unimportant. We want other people to admire us and so we work hard to impress them, putting lots of effort into things that won't last. But being vain, and doing things just to

look good, won't make us happy. Even when we work hard for good reasons, it can all seem pointless when other people get the benefit. Life can feel hard work at times – but God gives us meaning.

LOOK at the reader and LISTEN. Life can seem pointless at times, but God can help us find meaning in our work.

RESPONSORIAL PSALM PSALM 89

O Lord, you have been our refuge
from one generation to the next.

The cantor or psalmist sings or says the psalm. Listen to the verses, and then respond by using these words.



SECOND READING COLOSSIANS 3:1-5. 9-11

There is more to life than just having a good time! We all want to enjoy ourselves, but now Jesus is our friend we know that we won't be happy if we are selfish. If we are too greedy we might be

happy for a short time, but we will soon feel ill and become unhealthy! Jesus shows us that loving other people is the way to be really happy. Let's keep our eyes on Jesus and follow his example.

LOOK at the reader and LISTEN. Being truly happy means following Jesus and putting other people first.

GOSPEL ACCLAMATION

Alleluia, alleluia!
Your word is truth, O Lord,
consecrate us in the truth.
Alleluia!

We give a shout of praise to God, using these words taken from the Bible.



DO YOU KNOW?

Saturday 6 August is the feast of **The Transfiguration of the Lord** when Jesus' friends saw something of his glory as the **Son of God**. This experience **helped the disciples** cope with the challenges ahead – and **Jesus will help us** face our challenges too.



THINK

St Oscar Romero said, "Aspire not to have more but to be more". He wanted to remind us that **who we are** is far more important than **what we own**. Sometimes we think that people won't like us unless we have certain clothes or trainers. Jesus gives us a different message: **God loves us just as we are**, what we own doesn't matter at all!



GOSPEL LUKE 12:13-21

The Good News about Jesus is told to us by St Luke.

Squabbling brothers can't agree how much of their relative's belongings each of them should get. Jesus warns them about being greedy. Putting all our energy into getting more things to own won't make us happy. To explain what he means, Jesus tells a story about a rich farmer who didn't have enough room to store the crops he had harvested. Rather than being content, filling his existing barn and enjoying life, the farmer decides to work even harder, building bigger barns. This kind of wealth is not important to God. Instead, let's work hard to be more loving, rather than getting more things.

STAND to LISTEN

to the priest or deacon as he prepares to read the Gospel.

Before he reads the Gospel, what does the priest do to his forehead, his lips and his heart? Can you copy him?



PRAY

Thank you, Father God, for loving me just as I am. Help me to look at other people through your eyes. Let me see beyond their possessions and appearance. Let me love them just for themselves. Amen.



PRAYER OF THE FAITHFUL

Dear Lord, I would like to pray for everyone who is working really hard just to make ends meet, not because they are greedy. Give us generous hearts so we support people in need. Lord, hear my prayer.

Listen to the reader as he or she encourages us to pray for situations and people in need. Here is a prayer you could say privately.



OFFERTORY PROCESSION

As we take our gifts of bread, wine and money to the altar, think about a time this week when you were greedy and then think of time when you put someone else's needs first.

Say a little prayer offering these thoughts up to God.

Watch as the gifts are made ready and the priest washes his hands and prepares for the Eucharistic Prayer.



THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us.

What can you give special thanks for today?

We listen to the prayer of praise and thanks to God.



THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.

COMMUNION ANTIPHON

You have given us, O Lord, bread from heaven, endowed with all delights and sweetness in every taste.



MY PRAYER AFTER COMMUNION

Thank you, Jesus, for loving me so much and for giving meaning to my life. Help me to make each day count. Amen.



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- Θ (Theou/God's)
- Υ (Uios/Son)
- Σ (Soter/Saviour)

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We take Jesus with us to carry on the work that he did on earth, until we meet again next Sunday.

Go in peace.



ICHTHUS

SUNDAY 7 AUGUST 2022

19TH SUNDAY
IN ORDINARY TIME

Year C



Jesus has especially chosen you to be his friend!



ENTRANCE ANTIPHON

Look to your covenant, O Lord,
and forget not the life of your poor ones for ever.
Arise, O God, and defend your cause,
and forget not the cries of those who seek you.

COLLECT

Almighty ever-living God,
whom, taught by the Holy Spirit,
we dare to call our Father,
bring, we pray, to perfection in our hearts
the spirit of adoption as your sons and daughters,
that we may merit to enter into the inheritance
which you have promised...



FIRST READING WISDOM 18:6-9

The people of God trust
in God. God has brought
them out of slavery in
Egypt, and they expect
that God will continue
to bring good things out
of their hardships and
difficulties. God's covenant
people trust in their
loving relationship and

keep God's commands.
Generation after
generation will celebrate
God's care for them
through their religious
traditions. They will share
good times and bad
times, bound together
by their trust and faith in
God's love for them.

We say these words
or sing a hymn as the
priest approaches
the altar.

We ask for God's help.
Listen now to the
priest as he offers
this prayer.

LOOK at the reader
and LISTEN.

The people trust in
God to bring them life
and freedom.

The cantor or psalmist
sings or says the psalm.
Listen to the verses,
and then respond by
using these words.

LOOK at the reader
and LISTEN.

Abraham is an
example of faith for
us all.



We give a shout of
praise to God, using
these words taken
from the Bible.

RESPONSORIAL PSALM PSALM 32

Happy are the people the Lord has chosen as his own.



SECOND READING HEBREWS 11:1-2. 8-19

Abraham was a man of
faith. He left his home and
set out without knowing
where he would end up,
just because God asked
him. Despite being too old,
Abraham and Sarah both
trusted God's promise that
they would have children.

God keeps promises – and
they were given a home
in a wonderful land and a
son, Isaac. Abraham even
trusted God when it seemed
as though God was asking
him to sacrifice Isaac.
Abraham had confidence
in God, and so can we.

GOSPEL ACCLAMATION

Alleluia, alleluia!
Stay awake and stand ready,
because you do not know the hour
when the Son of Man is coming.
Alleluia!



DO YOU KNOW?

On Tuesday Europe
celebrates the feast of
**St Teresa Benedicta of
the Cross**. Born Jewish,
Edith Stein stopped
believing in God as a
teenager and became
a philosopher. However,
she was so inspired by
St Teresa of Avila that
she became a Christian
and later a Carmelite
nun, taking a new name.
Teresa Benedicta died in
Auschwitz.



THINK

Very few people aim
to be **servants** today.
When we watch a film
with servants, most
of us would rather be
their rich employers.
Yet Jesus **chose to be a
servant**, putting other
people first, and he
asks us to do the same.
We can **all aim to be a
servant** like Jesus – and
we will be rich in love
when we choose to put
caring for others at the
centre of our lives.



GOSPEL LUKE 12:32-48

The Good News about Jesus is told to us by St Luke.

We are not to be worried, because God loves us. There is no need for us to be anxious, we can trust in God and know that great things are in store for us. We just need to remember to keep our eyes on the things that matter, loving God and other people. If

we put love at the centre of our lives, we will be welcoming God into our hearts. We don't want to be like the servants in Jesus' story who weren't ready when their master returned home. When we are loving, we are ready to welcome God.

STAND to LISTEN

to the priest or deacon as he prepares to read the Gospel.

Before he reads the Gospel, what does the priest do to his forehead, his lips and his heart? Can you copy him?



PRAY

"Sacred Heart of Jesus, I place my trust in you."

Be still. Say these words. Let them sink deep into you. Repeat them. Know the peace that comes with trusting God.



PRAYER OF THE FAITHFUL

Dear Lord, I would like to pray for people who work in the hospitality industry, looking after guests and taking care of them. Let them feel cared for too. Lord, hear my prayer.

Listen to the reader as he or she encourages us to pray for situations and people in need. This is a prayer you could say privately.



OFFERTORY PROCESSION

As we take our gifts of bread, wine and money to the altar, think about a time this week when you were sad and then think about another time when you were happy and full of joy. Say a little prayer offering these thoughts up to God.

Watch as the gifts are made ready and the priest washes his hands and prepares for the Eucharistic Prayer.



THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us.

What can you give special thanks for today?

We listen to the prayer of praise and thanks to God.



THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

COMMUNION ANTIPHON

O Jerusalem, glorify the Lord, who gives you your fill of finest wheat.

You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.



MY PRAYER AFTER COMMUNION

Thank you, Jesus, for choosing me to be your friend and wanting to be with me. Help me to trust you always. Amen.



ΙΧΘΥΣ

is the Greek word for "fish" and was used in the catacombs as a sign for early Christians. It is made up from the first letter of five Greek titles for the Lord:

- I (Jesus)
- X (Christos)
- Θ (Theou/God's)
- Υ (Uios/Son)
- Σ (Soter/Saviour)

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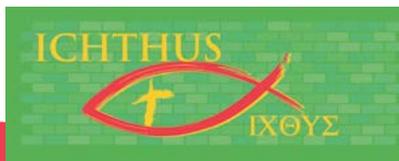
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ICHTHUS

SUNDAY 14 AUGUST 2022

THE ASSUMPTION OF THE BLESSED VIRGIN MARY



Year C

How many statues or pictures of Mary can you see in church?



ENTRANCE ANTIPHON

A great sign appeared in heaven:
a woman clothed with the sun, and the moon beneath her feet,
and on her head a crown of twelve stars.

COLLECT

Almighty ever-living God,
who assumed the Immaculate Virgin Mary, the Mother of
your Son,
body and soul into heavenly glory,
grant, we pray,
that, always attentive to the things that are above,
we may merit to be sharers of her glory...

We say these words
or sing a hymn as the
priest approaches the
altar.

We ask for God's help.
Listen now to the
priest as he offers
this prayer.



DO YOU KNOW?

Today we are celebrating
The Assumption of the
Blessed Virgin Mary.
We believe that Mary is
so special that she was
taken to heaven, body
and soul, just like Jesus
himself. Mary was so close
to Jesus when he was on
earth, she must be with
him in heaven too.



FIRST READING APOCALYPSE 11:19; 12:1-6. 10

In his vision John sees a
woman standing on the
moon, dressed with the
sun with a crown of twelve
stars. She is pregnant
and about to give birth.
Horribly, a huge, red
dragon appears. It has
seven crowned heads
and ten horns, and

the dragon's tail drags
stars from the sky as it
menacingly stands in front
of the pregnant woman,
threatening her baby. But
nothing can beat God!
God wins the victory,
saving the woman and
the baby who was born
to rule.

LOOK at the reader
and LISTEN.

John's vision paints
a vivid and exciting
picture of good
triumphing over evil.

The cantor or psalmist
sings or says the psalm.
Listen to the verses,
and then respond by
using these words.

RESPONSORIAL PSALM PSALM 44

On your right stands the queen,
in garments of gold.



SECOND READING 1 CORINTHIANS 15:20-26

Jesus gives us all the
fullness of life. The more
we get to know Jesus,
the more we know we
are loved. When we
really believe we are
loved we can be fully
ourselves and be really

happy! I don't have to
be like anyone else,
because Jesus loves me
just as I am. My life has
purpose and meaning as
I try to live as Jesus asks
- and I will live forever
with God too!

LOOK at the reader
and LISTEN.

Jesus will keep us safe
from evil and brings
life to us all.



We give a shout of
praise to God, using
these words taken
from the Bible.

GOSPEL ACCLAMATION

Alleluia, alleluia!
Mary has been taken up into heaven;
all the choirs of angels are rejoicing.
Alleluia!



THINK

Mary's song of praise is
called the Magnificat.
When Mary says that
her soul "magnifies the
Lord", she is saying how
great God is. Mary knows
that God is magnificent
because she knows that
God has blessed her
and the Jewish people
throughout their history
- and she knows that God
will continue to bless us
all. What good things has
God blessed you with?



GOSPEL LUKE 1:39-56

The Good News about Jesus is told to us by St Luke.

Mary is so excited - both she and her cousin Elizabeth are unexpectedly having babies! Mary rushes to see Elizabeth. As Mary calls "hello", Elizabeth's baby leaps for joy in her womb and she is filled with the Holy Spirit. "You are the most blessed of women!", says Elizabeth. She knows

both Mary and her baby and very special. Mary trusts God. She knows God has blessed her and she sings a song of praise. God loves the people everyone else forgets and thinks are unimportant. God has promised he will help the people who are poor and hungry - and God keeps his promises.

STAND to LISTEN to the priest or deacon as he prepares to read the Gospel.

Before he reads the Gospel, what does he do to his forehead, his lips and his heart? Can you copy him?



PRAY

Make your own Magnificat! Draw, or write about, all your blessings. Thank God for all the good things and loving people in your life. Thank God for showing you that you are loved.



PRAYER OF THE FAITHFUL

Dear Lord, I would like to pray for anyone who is expecting a baby. Bless them and help them to find the support they need to keep themselves and their baby safe and well. Lord, hear my prayer.

Listen to the reader as he or she encourages us to pray for situations and people in need. Here is a prayer you could say privately.



OFFERTORY PROCESSION

As we take our gifts of bread, wine and money to the altar, think about a time this week when you were anxious and then think about another time when you were happy and relaxed. Say a little prayer offering these thoughts up to God.

Watch as the gifts are made ready and the priest washes his hands and prepares for the Eucharistic Prayer.



THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us. What can you give special thanks for today?

We listen to the prayer of praise and thanks to God.



THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.

COMMUNION ANTIPHON

All generations will call me blessed, for he who is mighty has done great things for me.



MY PRAYER AFTER COMMUNION

Thank you, Jesus, for always coming to my help and letting me know that I am loved. Thank you for being my friend. Amen.



IXΘΥΣ

is the Greek word for "fish" and was used in the catacombs as a sign for early Christians. It is made up from the first letter of five Greek titles for the Lord:

- I (Jesus)
- X (Christos)
- Θ (Theou/God's)
- Υ (Uios/Son)
- Σ (Soter/Saviour)



We take Jesus with us to carry on the work that he did on earth, until we meet again next Sunday.

Go in peace.



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ICHTHUS

SUNDAY 21 AUGUST 2022

21ST SUNDAY
IN ORDINARY TIME

Year C



Can you volunteer to help today - perhaps handing out books or leaflets?



ENTRANCE ANTIPHON

Turn your ear, O Lord, and answer me;
save the servant who trusts in you, my God.
Have mercy on me, O Lord, for I cry to you all the day long.

We say these words or sing a hymn as the priest approaches the altar.

COLLECT

O God, who cause the minds of the faithful to unite in a single purpose, grant your people to love what you command and to desire what you promise, that, amid the uncertainties of this world, our hearts may be fixed on that place where true gladness is found...

We ask for God's help. Listen now to the priest as he offers this prayer.



FIRST READING ISAIAH 66:18-21

Sometimes we want to exclude other people, so that we feel special. Today God reminds us that everyone is loved and is special. God's chosen people have been having a hard time, but God is coming to their rescue. Not only that,

people from far and wide will be invited to come and experience the love and the glory of God. God's love for the chosen people does not exclude anyone. God is calling everyone to come and worship - and everyone is special!

LOOK at the reader and LISTEN. God is gathering people from all over the world to come and worship.

RESPONSORIAL PSALM PSALM 116

Go out to the whole world; proclaim the Good News.

Or Alleluia!

The cantor or psalmist sings or says the psalm. Listen to the verses, and then respond by using these words.



SECOND READING HEBREWS 12:5-7. 11-13

It is difficult to understand why bad things happen to people who love God. Suffering sometimes makes people question God and they wonder if God really does love them. This letter reminds us that we are all God's children. Parents

sometimes must punish their child, to keep them safe and help them learn. In the same way, we can learn from the bad things that happen to us. God will help us to become even more loving and stronger through our suffering.

LOOK at the reader and LISTEN. We can learn through our suffering and grow strong in God's love.



GOSPEL ACCLAMATION

Alleluia, alleluia!

If anyone loves me he will keep my word, and my Father will love him, and we shall come to him. Alleluia!

We give a shout of praise to God, using these words taken from the Bible.



DO YOU KNOW?

22 August is World Plant Milk Day. Some people believe that using milk made from plants and reducing our use of dairy products will help us and our planet. But we don't necessarily need to stop drinking cows' milk to look after our environment. What can we do today to help look after our beautiful world, our common home?



THINK

Having a loving parent with us will help us if we have to be in hospital. We don't necessarily understand how an operation will work, but we trust it will make us better. Similarly, we know that we can become stronger, even better people through the bad things that we experience - and God our loving Father will be with us, helping us always.



GOSPEL LUKE 13:22-30

The Good News about Jesus is told to us by St Luke.

God doesn't do things in the way we expect. We know that God loves us and that we are special, but Jesus reminds us today that everyone is invited to God's party. When we meet God face to face we might be really surprised to see some of the people

who are already there! Let's not take our special relationship with God for granted. We must try to be like Jesus, putting other people before ourselves. Those who are now last will be first in the kingdom of God and those who are first will be last.

STAND to LISTEN to the priest or deacon as he prepares to read the Gospel.

Before he reads the Gospel, what does he do to his forehead, his lips and his heart? Can you copy him?

Listen to the reader as he or she encourages us to pray for situations and people in need. This is a prayer you could say privately.

Watch as the gifts are made ready and the priest washes his hands and prepares for the Eucharistic Prayer.

We listen to the prayer of praise and thanks to God.

You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.



PRAYER OF THE FAITHFUL

Dear Lord, I would like to pray for anyone who is suffering in some way today. Help them to experience the comfort of know you are with them. Lord, hear my prayer.



OFFERTORY PROCESSION

As we take our gifts of bread, wine and money to the altar, think about a time this week when things were going wrong and then think about the other times when everything was good and you felt happy.

Say a little prayer offering these thoughts up to God.



THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us.

What can you give special thanks for today?



THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

COMMUNION ANTIPHON

The earth is replete with the fruits of your work, O Lord; you bring forth bread from the earth and wine to cheer the heart.



MY PRAYER AFTER COMMUNION

Thank you, Jesus, for loving me and letting me know that I am special to you. Help me to share your love and invite others to come to know you. Amen.



We take Jesus with us to carry on the work that he did on earth, until we meet again next Sunday.

Go in peace.

ICHTHUS



IXΘΥΣ



PRAY

Be still. Relax with God. Feel God's love fill your heart. Know that you are loved and special to God. Thank God for loving you. Ask God for the courage to show love to those who are left out.



DO

Invite someone who is often left out to join you and your friends at break time this week.



IXΘΥΣ

is the Greek word for "fish" and was used in the catacombs as a sign for early Christians. It is made up from the first letter of five Greek titles for the Lord:

- I (Jesus)
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ICHTHUS

SUNDAY 28 AUGUST 2022

22ND SUNDAY
IN ORDINARY TIME

Year C



Jesus has specially invited you to be here today!



ENTRANCE ANTIPHON

Have mercy on me, O Lord, for I cry to you all the day long.
O Lord, you are good and forgiving,
full of mercy to all who call to you.

We say these words or sing a hymn as the priest approaches the altar.

COLLECT

God of might, giver of every good gift,
put into our hearts the love of your name,
so that, by deepening our sense of reverence,
you may nurture in us what is good
and, by your watchful care,
keep safe what you have nurtured...

We ask for God's help. Listen now to the priest as he offers this prayer.



FIRST READING ECCLESIASTICUS 3:17-20. 28-29

Some people are proud and look down on other people. That is not what God wants. God wants us to be humble, aware that we have a lot to learn. We know that God loves us, but that doesn't make us better than other people. God wants us to be loving, reflecting on life and open to learning how to be an even better person. Gentle, consistent kindness is much better than showy giving.

LOOK at the reader and LISTEN. God wants us to be humble; loving and ready to learn how to be even better people.

RESPONSORIAL PSALM PSALM 67

In your goodness, O God,
you prepared a home for the poor.

The cantor or psalmist sings or says the psalm. Listen to the verses, and then respond by using these words.



SECOND READING HEBREWS 12:18-19. 22-24

In the Old Testament we hear how God came to the people as fire, wind and a great voice speaking. The writer of this letter is reminding us that God does not usually come to us in things we can see, feel or touch. God does not necessarily come to us through our senses, but we can still experience our living God. We meet God and can have a special relationship with God through Jesus. We are all citizens of heaven.

LOOK at the reader and LISTEN. God is with us and we can all experience God in our lives.

GOSPEL ACCLAMATION

Alleluia, alleluia!
If anyone loves me he will keep my word,
and my Father will love him,
and we shall come to him.
Alleluia!

We give a shout of praise to God, using these words taken from the Bible.



DO YOU KNOW?

Thursday 1 September is World Day of Prayer for Creation. The Pope wants us all to pray for our world, our common home. Have look at Cafod's information about the Pope's letter, *Laudato Si'* and think about how we can care for our environment.



THINK

Jesus knows that if we invite someone to a party, we might look forward to going to their party in return. Then Jesus surprises us by saying that it would be even better to ask people who can't invite us back! God loves the people no one wants to invite to their party - and he asks us to love them too.



The Good News about Jesus is told to us by St Luke.

Jesus is invited for a meal and notices that the guests all try to pick the best places at the table. Jesus gives some advice and tells people not to choose a seat of honour, because it will be very embarrassing if you are then asked to move for

someone more important! It is much better to sit in the lowest place and then be invited to a better seat. God loves the people no one else values and asks us to love them too. In God's kingdom, those who are humble will be raised up.

STAND to LISTEN to the priest or deacon as he prepares to read the Gospel. Before he reads the Gospel, what does he do to his forehead, his lips and his heart? Can you copy him?



PRAY

Spend a few moments being quiet with God. Listen to God speaking in your heart. Let God's love fill your heart. Think about the readings. What is God saying to you today? Listen.



PRAYER OF THE FAITHFUL

Dear Lord, I would like to pray for anyone who is left out because no one wants to be their friend. Help us all to share your love, especially with the people that no one else values. Lord, hear my prayer.

Listen to the reader as he or she encourages us to pray for situations and people in need. Here is a prayer you could say privately.



OFFERTORY PROCESSION

As we take our gifts of bread, wine and money to the altar, think about a time this week when you felt sad and alone and another time when you felt loved and happy to belong. Say a little prayer offering these thoughts up to God.

Watch as the gifts are made ready and the priest washes his hands and prepares for the Eucharistic Prayer.



THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us.

What can you give special thanks for today?

We listen to the prayer of praise and thanks to God.



THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

COMMUNION ANTIPHON

How great is the goodness, Lord, that you keep for those who fear you.

You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.



MY PRAYER AFTER COMMUNION

Thank you, Jesus, for inviting me to your feast and giving me the bread of life. Help me to love and welcome everyone to your table. Amen.



IXΘΥΣ

is the Greek word for "fish" and was used in the catacombs as a sign for early Christians. It is made up from the first letter of five Greek titles for the Lord:

- I (Jesus)
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